



Sardar Patel Institute of Technology

Bhavan's Campus, Munshi Nagar, Andheri (West), Mumbai: 400058, India
(Autonomous Institute, Affiliated to University of Mumbai)

Event: F.Y. B.Tech. Orientation & Induction Programme: A.Y 2025-26

Venue: S.P.J.I.M.R Auditorium & S.P.I.T Auditorium

In accordance with AICTE guidelines, the Applied Sciences, Humanities, and Mathematics Department of S.P.I.T. hosted a series of induction sessions for the first-year B.Tech students of the academic year 2025-26, taking place from September 15 to September 26, 2025. The induction programme focused on helping new students feel at ease, enabling them to explore their academic interests and activities. It aimed to mitigate competition while promoting a culture of excellence, fostering relationships among peers, building connections between students and faculty, offering a broader perspective on life, and encouraging character development. Over the course of four days, the programme included a variety of informative and interactive sessions, featuring activities such as ice-breaking exercises, general counselling, career talks, workshops on happiness and well-being, gender sensitisation, and departmental interactions.

The details of each session are outlined below:

1. Address by Principal

The Principal, **Prof. B. N. Chaudhari**, graciously welcomed the new students and their parents to S.P.I.T. His speech was designed to inspire and introduce students to the institution's culture, academic offerings, and support services. He emphasised the importance of students' overall well-being, in addition to their academic pursuits. Following his address, the session continued with contributions from the **Dean of Academics & R&D** and the **Dean of Student Affairs**.





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2. Career Reset Mantra Part I & II

Following the orientation, the first-year induction program commenced, designed to help new students acclimate to their academic environment. This engaging session was led by **Mr. Ravindra Kolhe** and was structured into two distinct parts to ensure a comprehensive approach to the topic. In the first part, Mr. Kolhe emphasised the significance of career planning and its impact on students' future success. He shared insights into various career trajectories and the skills needed to excel in different fields. Understanding that students might feel overwhelmed by the multitude of choices ahead, he aimed to demystify the process and instil confidence in their decision-making.

In the second part of the session, he provided a step-by-step guide for students to effectively set and achieve their career goals. Mr. Kolhe covered key aspects such as self-assessment, exploring potential career paths, setting achievable objectives, and the importance of networking and mentorship. His practical advice and interactive discussion encouraged students to take ownership of their career journeys, equipping them with the tools needed to navigate the challenging yet exciting landscape of their professional future. The session was conducted separately for all branches.





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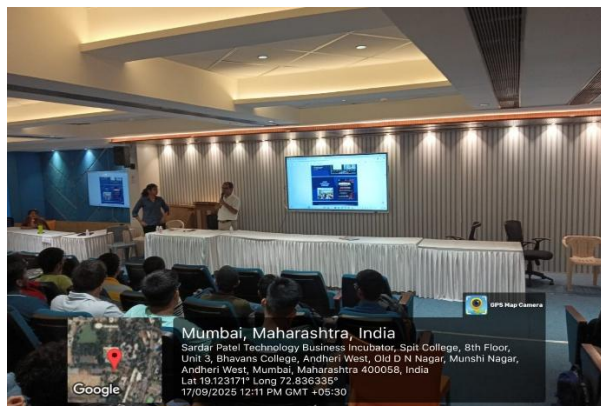
3. Dean Academics and R&D

Prof. Y. S. Rao addressed the students in each branch, providing an overview of the four-year academic program. He outlined the mandatory attendance requirements, examination and promotion policies, as well as the assessment and grading system. Additionally, students were introduced to the various elective options offered at the institute and the activities available under the SEVA-SATVA initiative. The session was conducted separately for all branches.



4. Departmental Interaction

The heads of the Civil Engineering (CE), Computer Science and Engineering (CSE), and Electronics and Telecommunication (EXTC) departments engaged in meaningful discussions with the students, offering a detailed introduction to the curriculum specific to each discipline. They provided insights into the structure of the academic programs, highlighting core subjects, elective courses, and practical learning experiences that students can expect throughout their studies. Additionally, the department heads took the opportunity to showcase a variety of extracurricular and co-curricular activities organised by their respective departments. Overall, the interaction aimed to provide students with a comprehensive understanding of what lies ahead in their academic journey and the vibrant opportunities available within the departments.





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5. Identifying Personality Types

The session was conducted by **Shri. Prem Nidhi Das** from ISKCON, a well-respected figure known for his expertise in personal development and spirituality. During this engaging and insightful event, students were introduced to the concept of personality types and their significance in personal growth and interpersonal relationships. The session emphasised the importance of self-awareness as a foundational step in personal development. Students learned practical strategies for enhancing their key traits, fostering emotional intelligence, and improving their communication skills. By understanding the different personality types, students were equipped with the tools necessary to navigate social situations more effectively and build stronger relationships, both personally and professionally.



6. Universal Human Values Session

An engaging online session titled 'Bake the P.I.E.S.: The Four Pillars of Personality Development' was led by **Prof. Deepa Panakkal** from St. Francis Institute of Technology. During this dynamic session, she guided students toward cultivating a balanced perspective on



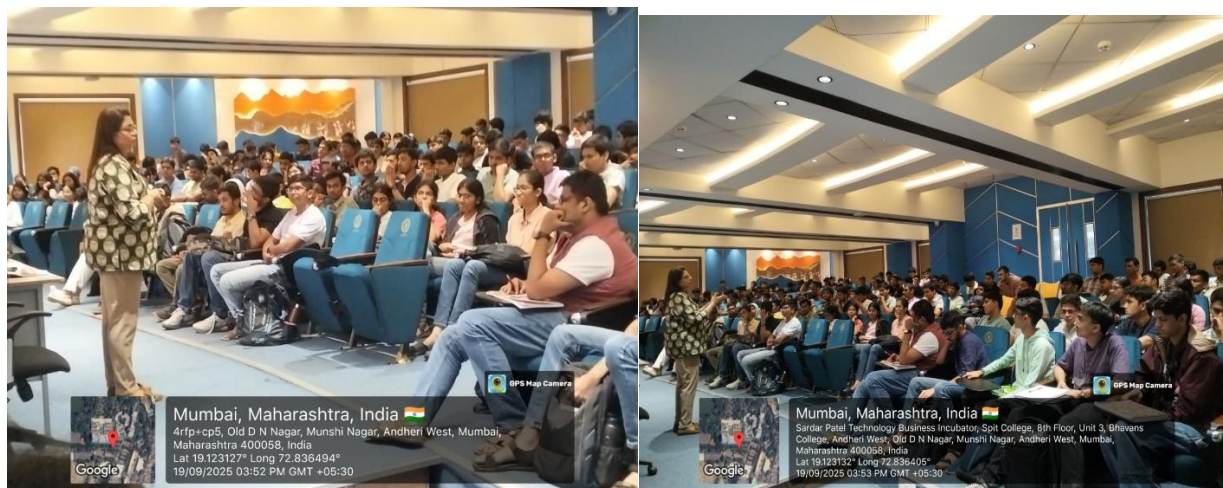
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life. In addition, Prof. Panakkal conducted a personality test, helping students better understand their behaviours and how they can leverage their unique traits for personal growth.

7. Ice Breaking Session – Unleashing your true self

The session was expertly facilitated by **Dr. Anjana Vinod**, who created an inviting and warm atmosphere aimed at fostering connection among students. This ice-breaking session was designed to encourage participants to step out of their comfort zones and engage with one another, promoting a sense of community and camaraderie. Dr. Vinod implemented a variety of interactive activities and engaging discussions that not only helped students relax but also allowed them to embrace their individuality. Through thoughtful prompts and team-building exercises, she guided the participants in sharing their thoughts, experiences, and aspirations. Throughout the session, Dr. Vinod emphasised the importance of self-acceptance and positivity, encouraging students to reflect on their strengths and unique qualities. The session was conducted separately for all branches.



8. Happiness and Wellbeing

The session, skillfully led by psychologist **Ms. Shraddha Sankulkar**, delved into the fascinating interplay between biochemistry and mental well-being. With a warm and engaging demeanour, Ms. Sankulkar guided participants through an exploration of the various chemical enzymes and neurotransmitters that our bodies produce, highlighting their crucial roles in fostering emotional health and a sense of happiness. Throughout the session, Ms. Sankulkar explained how these biochemical substances, including serotonin, dopamine, and oxytocin, influence our mood, behaviour, and overall state of well-being. She shared insights into how these enzymes are not just mere chemicals but powerful agents that can significantly enhance our mental landscape when balanced and functioning optimally. Drawing on the latest research in psychology and neuroscience, she facilitated interactive discussions that allowed participants to share their



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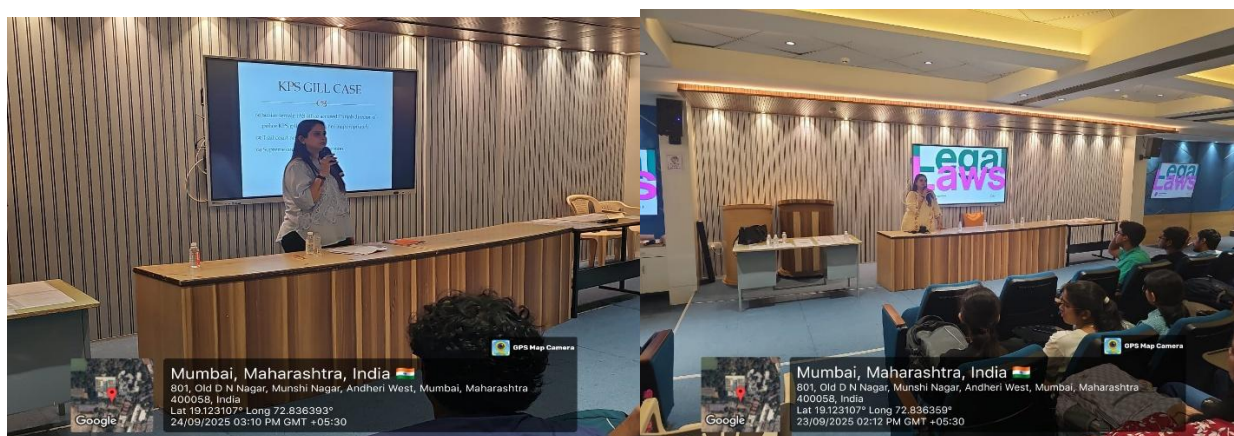
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experiences and insights. This collaborative approach helped to deepen their understanding of how emotional wellness is not solely a product of external circumstances but also a complex interplay of internal biochemical processes. The session was conducted separately for all branches.



9. Gender Sensitisation

The session was conducted by **Adv. Bhagyashree Mahajan**, a distinguished legal expert specializing in workplace laws and gender rights. Adv. Mahajan provided students with a comprehensive overview of the Prevention of Sexual Harassment (POSH) laws, emphasizing the importance of creating a safe and inclusive environment in corporate settings. During the session, she explained the key provisions of the POSH Act, detailing its intent to protect individuals from sexual harassment at the workplace and outlining the responsibilities of employers to ensure compliance. Adv. Mahajan highlighted the mechanisms for reporting incidents, the role of Internal Complaints Committees (ICCs), and the importance of fostering a culture of transparency and accountability. She offered tips on identifying inclusive organisations, understanding company policies on harassment, and being proactive in contributing to a respectful workplace culture. The session was conducted separately for all branches.



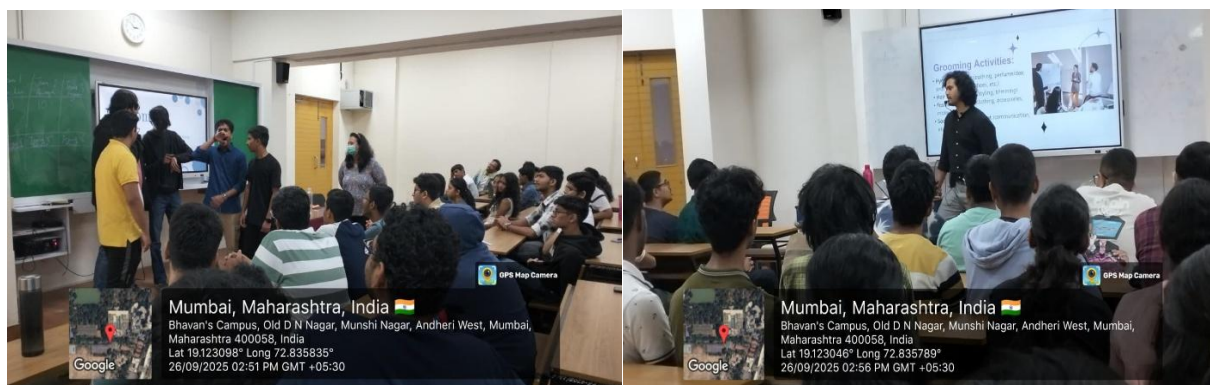


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10. Session on Grooming and Etiquettes

The Communication Skills faculty orchestrated an engaging and informative session on Grooming and Etiquette, which was held in four distinct batches to accommodate all students. This interactive workshop placed a strong emphasis on the significance of presenting oneself in a polished and professional manner, not only in campus environments but also in future workplace settings. The session began with an exploration of grooming essentials, where faculty members provided practical advice on personal appearance. This segment covered a range of topics, including the importance of appropriate attire for different occasions, the role of personal hygiene, and grooming habits that contribute to a positive first impression. Students learned how attention to detail in their appearance can enhance their confidence and facilitate positive interactions. The session was conducted separately for all branches.



11. Expert Session on Industry

Dr. Santosh Rane has served as a corporate trainer and consultant at prestigious organisations such as TUV-SUD and Bureau Veritas. He has successfully facilitated over 450 business excellence projects for leading multinational corporations. Recently, Dr. Rane delivered a presentation on 'Industry 4.0,' focusing on the impact of blockchain technology and its increasing significance in today's landscape.

12. Session with Dean, Student Affairs and Students' Council

Dr. Kiran Talele addressed each group of students, introducing them to the Code of Conduct and standards of discipline, as well as anti-ragging regulations, attendance requirements, the mentor-mentee program, and counselling services. The students were also introduced to the members of the Student Council and informed about various clubs and committees available. Additionally, they watched videos showcasing the previous year's student festival and other activities organised by the Student Council. The session was conducted separately for all branches.



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13. Session with Dean, Administration and Quality Assurance

Prof. Sudhir Dhage, the Dean of Administration and Quality Assurance, gave an extensive address highlighting the institution's dedication to excellence and quality. He expressed the institution's commitment to providing high-quality education, fostering research, and engaging with the community, all while ensuring a nurturing environment for students to flourish.

14. Session with Counsellor

During the session with Counsellor **Mrs. Mona Upadhyay**, she spoke to the students about mental health, personal development, and overall well-being. She addressed topics such as exam stress and peer pressure, encouraging students to reach out for her assistance and support whenever needed. The session was conducted separately for all branches.



15. Session with the Training and Placement Office

Mr. Vinod Sikka, the dedicated Training and Placement Director, provided an insightful overview of the various initiatives undertaken by the Training and Placement Cell (TPC) during a recent session with students. He emphasised the importance of not only focusing on academic excellence but also on cultivating a diverse set of skills that are essential for thriving in today's competitive job market. Mr. Sikka highlighted that securing a position in desired companies, often referred to as "dream" or "super-dream" placements, requires more than just a solid academic foundation. He advocated for a proactive approach to personal and professional development, urging students to engage in extracurricular activities, internships, workshops, and skill-building programs. By doing so, students can enhance their employability and distinguish themselves from their peers.